THE McMaster UNIVERSITY MEDICAL JOURNAL (MUMJ) was established in 2003 to share advances in medicine, augment our understanding of the social issues impacting individual and population health, and encourage the discussion of ethical and legal issues as they apply to the profession. Our mandate is to share bright ideas in science and medicine that are relevant to our McMaster readers, as well as the wider medical community, and we publish work by medical and graduate students from across Canada.

The 15th volume of MUMJ includes a broad array of original research, commentary pieces, and review articles. Our authors outline the usefulness of simulation training in improving pediatric trauma care, delve into the role of mentorship in medical school, and examine how growing up alongside a sibling with a chronic disease can shape one’s civic views. They challenge the effectiveness of Ontario’s approach to osteoporosis prevention, examine the safety and utility of colonoscopies in rural areas, and argue for more exposure to bariatric care during medical training.

MUMJ is proud to continue our relationship with McMaster Medical Student Research Day (MMSRD). This annual event allows medical students to present their work, learn about the research being done by their peers, and network with staff and fellow students. In our current issue, we have included the winning abstracts from this year’s MMSRD event.

I am exceptionally grateful to the editorial board, staff advisors, and administrative staff who have generously contributed their time and hard work to this volume of MUMJ. Thank you to our authors for giving us the opportunity to publish your work – it enriches our understanding of science and medicine, prompts us to reflect on our medical learning, and galvanizes us to improve the care we offer our patients.

Readers, thank you for your interest in our journal. I hope you enjoy reading this issue of MUMJ as much as we have enjoyed preparing it.

Elizabeth Simms
Editor-in-Chief
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